

MENTAL HEALTH QUESTIONNAIRE

Maryland Healthy Kids Program

Date _____

Child's Name: _____ Date of Birth: _____

Managed Care Organization: _____ Child's Medicaid #: _____

Ages 13 – 20 years

Check all answers that may apply. This form may be filled out by the patient, parent/guardian or health care provider.

Do you have trouble paying attention? Yes No

Do you often:

Feel distrustful of others? Yes No

Have strange thoughts? Yes No

Hear voices? Yes No

Have to do things the same way or keep repeating them? Yes No

Do you have problems at school with:

Behavior? Yes No

Grades? Yes No

Skipping classes? Yes No

Do you worry about your:

Eating? Yes No

Sleep? Yes No

Weight? Yes No

Do you have trouble making or keeping friends? Yes No

Do you often feel:

Sad? Yes No

Angry? Yes No

Nervous or afraid? Yes No

Have you thought about or done any of the following:

Destroy property? Yes No

Hurt animals? Yes No

Set fire? Yes No

Listen to music with violent message? Yes No

Use alcohol? Yes No

Use drugs? Yes No

Smoke cigarettes? Yes No

Sex without protection? Yes No

Suicide attempt? Yes No

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MARYLAND HEALTHY KIDS PROGRAM
Maryland Department of Health and Mental Hygiene
HealthChoice and Acute Care Administration, Division of Healthy Kids

MENTAL HEALTH QUESTIONNAIRE

Maryland Healthy Kids Program

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Is there a history of injuries, accidents? Yes No
If yes, please specify: _____

Is there any history of maltreatment or abuse? Yes No
If yes, please specify: _____

Is there a recent stress on the family or child such as :

Birth of a child? Yes No

Moving? Yes No

Divorce or separation? Yes No

Death of a close relative? Yes No

Fired or laid off? Yes No

Legal problems? Yes No

Others (Please specify): _____

Do you have other parenting concerns? Yes No
Please specify: _____

Provider: Give details of all Positive findings.

Provider's Signature

Date

Provider's Phone: (____) / ____ / _____

THIS FORM MAY BE USED FOR MENTAL HEALTH REFERRALS

Child Receiving Referral: _____

Child's Address: _____

Child's Phone: _____

Referred to: **Maryland Public Mental Health System: 1-800-888-1965**

Reason for Referral: _____

MARYLAND HEALTHY KIDS PROGRAM
Maryland Department of Health and Mental Hygiene
HealthChoice and Acute Care Administration, Division of Healthy Kids

A Survey From Your Healthcare Provider — PHQ-9 Modified for Teens

Name _____ Clinician _____

Medical Record or ID Number _____ Date _____

Instructions: How often have you been bothered by each of the following symptoms during the past two weeks?
For each symptom put an "X" in the box beneath the answer that best describes how you have been feeling.

	(0) Not At All	(1) Several Days	(2) More Than Half the Days	(3) Nearly Every Day
1. Feeling down, depressed, irritable, or hopeless?				
2. Little interest or pleasure in doing things?				
3. Trouble falling asleep, staying asleep, or sleeping too much?				
4. Poor appetite, weight loss, or overeating?				
5. Feeling tired, or having little energy?				
6. Feeling bad about yourself — or feeling that you are a failure, or that you have let yourself or your family down?				
7. Trouble concentrating on things like school work, reading, or watching TV?				
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you were moving around a lot more than usual?				
9. Thoughts that you would be better off dead, or of hurting yourself in some way?				

10. In the **past year** have you felt depressed or sad most days, even if you felt okay sometimes? Yes No

11. If you are experiencing any of the problems on this form, how difficult have these problems made it for you to do your work, take care of things at home or get along with other people?
 Not difficult at all Somewhat difficult Very difficult Extremely difficult

12. Has there been a time in the past month when you have had serious thoughts about ending your life? Yes No

13. Have you **ever**, in your **whole life**, tried to kill yourself or made a suicide attempt? Yes No

FOR OFFICE USE ONLY Score _____

Q. 12 and Q. 13 = Y or TS ≥ 11

A Survey From Your Healthcare Provider – PSC-Y

Name		Date	ID		
Please mark under the heading that best fits you or circle Yes or No			Never 0	Sometimes 1	Often 2
-	1. Complain of aches or pains				
-	2. Spend more time alone				
-	3. Tire easily, little energy				
●	4. Fidgety, unable to sit still				
-	5. Have trouble with teacher				
-	6. Less interested in school				
●	7. Act as if driven by motor				
●	8. Daydream too much				
●	9. Distract easily				
-	10. Are afraid of new situations				
▲	11. Feel sad, unhappy				
-	12. Are irritable, angry				
▲	13. Feel hopeless				
●	14. Have trouble concentrating				
-	15. Less interested in friends				
■	16. Fight with other children				
-	17. Absent from school				
-	18. School grades dropping				
▲	19. Down on yourself				
-	20. Visit doctor with doctor finding nothing wrong				
-	21. Have trouble sleeping				
▲	22. Worry a lot				
-	23. Want to be with parent more than before				
-	24. Feel that you are bad				
-	25. Take unnecessary risks				
-	26. Get hurt frequently				
▲	27. Seem to be having less fun				
-	28. Act younger than children your age				
■	29. Do not listen to rules				
-	30. Do not show feelings				
■	31. Do not understand other people's feelings				
■	32. Tease others				
■	33. Blame others for your troubles				
■	34. Take things that do not belong to you				
■	35. Refuse to share				
◆	36. During the past three months, have you thought of killing yourself?			Yes	No
◆	37. Have you ever tried to kill yourself?			Yes	No

● = A ≥ 7 ▲ = I ≥ 5 ■ = E ≥ 7 | Note — the sub scores do not impact the overall score; they are for interpretation purposes only.

TS _____

FOR OFFICE USE ONLY

- Plan for Follow-up Annual screening Return visit w/ PCP Referred to counselor
 Parent declined Already in treatment Referred to other professional

Q 36 or Q 37=Y ◆ TS ≥ 30

Source: Pediatric Symptom Checklist – Youth Report (PSC-Y)

MARYLAND HEALTHY KIDS PROGRAM

Preventive Screen Questionnaire

Anemia Screening (Starting at 11 years of age and annually thereafter)

1. (FEMALES AND MALES) Does the child/adolescent's diet include iron-rich foods such as meat, eggs, iron-fortified cereals, or beans?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
2. (FEMALES AND MALES) Have you ever been diagnosed with iron deficiency anemia?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
3. (FEMALES ONLY) Do you have excessive menstrual bleeding or other blood loss?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
4. (FEMALES ONLY) Does your period last more than 5 days?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N

Heart Disease/Cholesterol Risk Assessment: (2 years through 20 years)

1. Is there a family history of parents/grandparents under 55 years of age with a heart attack, heart surgery, angina or sudden cardiac death?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
2. Has the child's mother or father been diagnosed with high cholesterol (240 mg/dL or higher)?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
3. Is the child/adolescent overweight (BMI > 85 th %)?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
4. And is there a personal history of:										
Smoking?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
Lack of physical activity?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
High blood pressure?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
High cholesterol?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
Diabetes mellitus?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N

(Refer to the AAP Clinical Guidelines for Childhood Lipid Screening)

STI/HIV Risk Assessment: (11 years through 20 years)

1. Are you sexually active?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
2. If sexually active, have you had more than one partner?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
3. If sexually active, have you had unprotected sex, with opposite/same sex?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
4. Have you ever been sexually molested or physically attacked?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
5. Have you ever been diagnosed with any sexually transmitted diseases?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
6. Any body tattoos or body piercing of ears, navel, etc., including any performed by friends?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
7. Have you had a blood transfusion or are you a Hemophiliac?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
8. Any history of IV drug use by you, your sex partner, or your birth mother during pregnancy?	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N

A "yes" response or "don't know" to any question indicates a positive risk

Patient Name: _____

Birth Date: _____

MARYLAND HEALTHY KIDS PROGRAM

Preventive Screen Questionnaire

Lead Risk Assessment:

(every well child visit from 6 months up to 6 years)

- | | Date | Date |
|---|------|------|
| 1. Has your child ever lived or stayed in a house or apartment that is built before 1978 (includes day care center, preschool home, home of babysitter or relative)? | Y/N | Y/N |
| 2. Has your child ever lived outside the United States or recently arrived from a foreign country? | Y/N | Y/N |
| 3. Is anyone in the home being treated or followed for lead poisoning? | Y/N | Y/N |
| 4. Are there any current renovations or peeling paint in a home that your child regularly visits? | Y/N | Y/N |
| 5. Does your child lick, eat, or chew things that are not food (paint chips, dirt, railings, poles, furniture, old toys, etc.)? | Y/N | Y/N |
| 6. Is there any family member who is currently working in an occupation or hobby where lead exposure could occur (auto mechanic, ceramics, commercial painter, etc.)? | Y/N | Y/N |
| 7. Does your family use products from other countries such as health remedies, traditional remedies, spices, cosmetics or other products canned or packaged outside of the United States? Or store or serve food in leaded crystal, pottery or pewter?
Examples: Glazed pottery, Greta, Azarcon (Rueda, Coral, Liga), Litargirio, Surma, Kohi (Al kohl), Pay-too-ah, Ayurvedic medicine, Ghassard). | Y/N | Y/N |

Tuberculosis Risk Assessment:

(Starting at 1 month, 6 months of age and annually thereafter)

- | | Date | Date |
|--|------|------|
| 1. Has your child been exposed to anyone with a case of TB <u>or</u> a positive tuberculin skin test, <u>or</u> received a tuberculosis vaccination? | Y/N | Y/N |
| 2. Was your child, or a household member, born in a high-risk country (countries other than the United States, Canada, Australia, New Zealand, or Western and North European countries)? | Y/N | Y/N |
| 3. Has your child travelled (had a contact with resident populations) to a high-risk country for more than 1 week? | Y/N | Y/N |
| 4. Does your child have daily contact with adults at high risk for TB (e.g., those who are HIV infected, homeless, incarcerated, and/or illicit drug users)? | Y/N | Y/N |
| 5. Does your child have HIV infection? | Y/N | Y/N |

(A "yes" response or "don't know" to any question indicates a positive risk)

Patient Name: _____

Birth Date: _____

CRAFFT

Please answer all questions *honestly*;
your answers will be kept *confidential*.

Name _____

Medical Record or ID Number _____ Date _____

Part A

During the **PAST 12 MONTHS**, did you:

1. Drink any alcohol (more than a few sips)?
2. Smoke any marijuana or hashish?
3. Use anything else to get high?
"anything else" includes illegal drugs, over the counter and prescription drugs, and things that you sniff or "huff"

No

-
-
-

If you answered **NO** to ALL (A1, A2, A3) answer **only B1** below, then **STOP**.

Yes

-
-
-

If you answered **YES** to ANY (A1 to A3), answer **B1 to B6** below.

Part B

1. Have you ever ridden in a **CAR** driven by someone (including yourself) who was "high" or had been using alcohol or drugs?
2. Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?
3. Do you ever use alcohol or drugs while you are by yourself, or **ALONE**?
4. Do you ever **FORGET** things you did while using alcohol or drugs?
5. Do your **FAMILY** or **FRIENDS** ever tell you that you should cut down on your *drinking* or *drug use*?
6. Have you ever gotten into **TROUBLE** while you were using alcohol or drugs?

No

-
-
-
-
-
-

Yes

-
-
-
-
-
-

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**Programa para Niños Saludables de
Maryland/Maryland Healthy Kids Program**
Maryland Department of Health and Mental Hygiene
Division of Healthy Kids

Día del servicio: _____

Nombre del Paciente: _____ Fecha de Nacimiento: _____

Evaluación de Uso de Sustancias en Adolescentes

Si el paciente/cliente acepta haber usado drogas o alcohol, haga las siguientes preguntas:

C – ¿Te has subido en algún CARRO/COCHE con alguien (incluyéndote a ti) que haya estado bajo los efectos del alcohol o drogas?

S N

R – ¿Alguna vez has usado alcohol o drogas para RELAJARTE, sentirte mejor contigo mismo o para ser aceptado por otros?

S N

S – ¿Has usado alcohol o drogas estando SOLO?

S N

O – ¿Has OLVIDADO cosas que has hecho mientras usabas alcohol o drogas?

S N

A – ¿En algún momento familiares o AMIGOS te han dicho que debes disminuir tu uso de alcohol o drogas?

S N

P – ¿Te has metido en PROBLEMAS mientras usabas alcohol o drogas?

S N

Haga un referido si el paciente/cliente a contactado que sí a alguna de estas preguntas. Comuníquese con la Organización de Cuidado Dirigido/Organización para servicios de tratamiento de abuso de sustancias. Chequee la sección del manual para los números de autorización y notificación.

Maryland Healthy Kids Program

Cuestionario de Historial Médico Familiar

Nombre del Paciente: _____		Fecha de Nacimiento: _____	Sexo: M F (circule)
Persona que llenó el Formulario: _____	Fecha de Hoy: _____	Relación con el Paciente: _____	
HISTORIAL DURANTE EMBARAZO Y AL NACER		HISTORIAL PSICOSOCIAL	
Nombre del Hospital: _____ Enfermedades durante el embarazo No <input type="checkbox"/> Si <input type="checkbox"/> Medicamentos durante embarazo No <input type="checkbox"/> Si <input type="checkbox"/> Abuso de Alcohol o drogas No <input type="checkbox"/> Si <input type="checkbox"/> Problemas al Nacer No <input type="checkbox"/> Si <input type="checkbox"/> Describe: _____ Tipo de Parto <input type="checkbox"/> Vaginal <input type="checkbox"/> Cesárea Peso al Nacer _____ Peso al darle de alta _____ El bebé recibió vacuna para Hepatitis B No <input type="checkbox"/> Si <input type="checkbox"/> Fecha de la vacuna de Hepatitis B: _____ Examen Auditivo para recién nacidos No <input type="checkbox"/> Si <input type="checkbox"/>		¿Quién vive en el hogar? _____ ¿Cuántas personas viven en el hogar? _____ <input type="checkbox"/> Alquilan <input type="checkbox"/> casa propia <input type="checkbox"/> refugio ¿Quién cuida el niño/a? _____ Fecha de Nacimiento Madre _____ Padre _____ Trabajan los Padres Madre No <input type="checkbox"/> Si <input type="checkbox"/> Padre No <input type="checkbox"/> Si <input type="checkbox"/> Hogar Sustituto _____ Fecha: _____ ¿Qué otro idiomas se hablan en la casa? _____	
HISTORIAL FAMILIAR		HISTORIAL DE SALUD	
Hay alguien en la familia (padres, abuelos, tíos/as, hermanos/as) que haya tenido: Alergias (a qué) _____ ¿Quién? _____ No <input type="checkbox"/> Si <input type="checkbox"/> _____ Asma No <input type="checkbox"/> Si <input type="checkbox"/> _____ TB/Enfermedad del Pulmón No <input type="checkbox"/> Si <input type="checkbox"/> _____ VIH/SIDA No <input type="checkbox"/> Si <input type="checkbox"/> _____ Intentos Suicidas/Problemas Mentales No <input type="checkbox"/> Si <input type="checkbox"/> _____ Enfermedad del Corazón No <input type="checkbox"/> Si <input type="checkbox"/> _____ Presión alta/Derrame No <input type="checkbox"/> Si <input type="checkbox"/> _____ Colesterol Alto No <input type="checkbox"/> Si <input type="checkbox"/> _____ Desórdenes de la Sangre/"Sickle Cell" No <input type="checkbox"/> Si <input type="checkbox"/> _____ Diabetes No <input type="checkbox"/> Si <input type="checkbox"/> _____ Convulsiones No <input type="checkbox"/> Si <input type="checkbox"/> _____ Alergias/Asma No <input type="checkbox"/> Si <input type="checkbox"/> _____ Desórdenes Mentales No <input type="checkbox"/> Si <input type="checkbox"/> _____ Cáncer No <input type="checkbox"/> Si <input type="checkbox"/> _____ Defectos de Nacimiento No <input type="checkbox"/> Si <input type="checkbox"/> _____ Pérdida de Audición No <input type="checkbox"/> Si <input type="checkbox"/> _____ Problemas de habla No <input type="checkbox"/> Si <input type="checkbox"/> _____ Enfermedades Renales No <input type="checkbox"/> Si <input type="checkbox"/> _____ Abuso de Alcohol/ Droga No <input type="checkbox"/> Si <input type="checkbox"/> _____ Hepatitis/Enfermedad del Hígado No <input type="checkbox"/> Si <input type="checkbox"/> _____ Enfermedad de la Tiroide No <input type="checkbox"/> Si <input type="checkbox"/> _____ Problemas de Aprendizaje/ Deficit de Atención ("ADD") No <input type="checkbox"/> Si <input type="checkbox"/> _____ Violencia Doméstica Otras: _____		Alguna vez su niño/a ha tenido: Alergias (a qué) _____ Asma No <input type="checkbox"/> Si <input type="checkbox"/> Varicela (año) _____ No <input type="checkbox"/> Si <input type="checkbox"/> Infecciones frecuentes de oído No <input type="checkbox"/> Si <input type="checkbox"/> Problemas de Audición/Infecciones de la Vista No <input type="checkbox"/> Si <input type="checkbox"/> Problemas de la Piel/Eczema No <input type="checkbox"/> Si <input type="checkbox"/> Asma/Alergias No <input type="checkbox"/> Si <input type="checkbox"/> TB/Enfermedad del Pulmón No <input type="checkbox"/> Si <input type="checkbox"/> Convulsiones/Epilepsia No <input type="checkbox"/> Si <input type="checkbox"/> Hipertensión/Presión Alta No <input type="checkbox"/> Si <input type="checkbox"/> Enfermedad del Corazón/Defectos No <input type="checkbox"/> Si <input type="checkbox"/> Hepatitis/Enfermedad del Hígado No <input type="checkbox"/> Si <input type="checkbox"/> Diabetes No <input type="checkbox"/> Si <input type="checkbox"/> Enfermedades del Riñón/Vejiga No <input type="checkbox"/> Si <input type="checkbox"/> Problemas Físicos o de Aprendizaje No <input type="checkbox"/> Si <input type="checkbox"/> Desórdenes de la Sangre/Hemofilia No <input type="checkbox"/> Si <input type="checkbox"/> Enfermedades Transmitidas Sexualmente No <input type="checkbox"/> Si <input type="checkbox"/> Problemas Emocionales o de Comportamiento No <input type="checkbox"/> Si <input type="checkbox"/> Depresión/Pensamientos Suicidas No <input type="checkbox"/> Si <input type="checkbox"/> Hospitalizaciones/Cirugías No <input type="checkbox"/> Si <input type="checkbox"/> Abuso /Físico/Emocional/ o Sexual No <input type="checkbox"/> Si <input type="checkbox"/> Problemas en las Coyunturas/Huesos No <input type="checkbox"/> Si <input type="checkbox"/> Obesidad/Trastornos Alimenticios No <input type="checkbox"/> Si <input type="checkbox"/> Otras: _____ Lista de Medicamento/s que toma: _____	
Revisado por: _____		Fecha que fue Revisado: _____	